



## FOODBANK SHOPPING LIST

July 2024

**PLEASE DO NOT DONATE ITEMS  
CONTAINING ALCOHOL – THANK YOU**

### Shortfall Items

Also check our website for other items we need

#### Food

- **Long Life Fruit Juice**
  - **Long Life Milk**
  - Tea (packs of 40)
  - **Soup**
  - Tinned Meat
  - Rice (dried or pouches)
  - Tinned Carrots/Peas
  - Sponge Puddings
  - **Tinned Fruit**
- We have less than 1 month's supply of the items in **bold**.

### PLEASE!

**Do not donate fresh food items without checking with us first.**

**Check that your donation is well inside its use-by date.**

**It takes time for us to process donations and too often they pass the use-by date before we can distribute the food to our clients.**

**We cannot distribute out of date food.**

Items of which we have a plentiful supply:

- Feminine hygiene
  - Tinned Chickpeas
  - Pasta
  - Tins of mixed beans
  - Pet Food
- Our warehouse stock is being depleted due to high demand. We appreciate any donations we receive.
  - Please take your donation to one of our many collection points in supermarkets. See our website for a complete list.
  - To donate money, which we can use to purchase stock, please see our website.

